|  |
| --- |
| **IADVL ACADEMY-SIG LASERS AND AESTHETICS****HANDBOOK ON TIPS FOR AESTHETIC PROCEDURES IN DERMATOLOGY** |
| **TABLE OF CONTENTS** |  |
| **SECTION 1: GENERAL ASPECTS OF AESTHETIC PROCEDURES** |  |
| 1.How to set up an Aesthetics Clinic | DR. SAKHIYA  |
| 2. How to choose the right patient for the aesthetic procedure  | DR.RINKY KAPOOR

|  |
| --- |
|  |

 |
| 3. Record keeping and follow up after procedure( including consent and photography). Do’s and Dont’s (general outline) | DR SANJEEV AURANGABADKAR |
| 4. Dealing with adverse effects (general outline) | DR.JAGJEET SETHI  |
| 5. Medicolegal issues in Aesthetic Dermatology | DR.BHUVENESH KUMAR |
| **SECTION2: EPIDERMAL REJUVENATION- TEXTURAL AND PIGMENTARY** |  |
| 6A. DERMABRASION | DR.SANDEEP ARORA  |
| 6B.MICRODERMABRASION ( powder, water based, diamond tip based) | Dr ARTI SARDA |
| 7.CHEMICAL PEELS ASSESSMENT | DR.MEERA JAMES  |
| A.TERMINATIVE PEELS | DR RASHMI SARKAR |
| B.NON TERMINATIVE PEELS/leave on peels | DR.BHAVESH DEVNANI |
| C.COMBINATIONS | DR.SMITA NAGPAL |
|  |  |
| D.PEELS UNDER OCCLUSION | DR.MONIKA BAMBROO |
| 8.MICRONEEDLING |  |
| A. DERMAROLLER | DR. SHILPA GARG |
| B. DERMAPEN | DR.SHASHANK BHARGAVA |
| 9. MESOTHERAPY FOR SKIN REJUVENATION | DR.JANAK THAKKAR |
|  |  |
| 10. TRANSEPIDERMAL DELIVERIES AFTER PROCEDURES- TIPS | DR.AASHIM SINGH  |
| **SECTION 3: DYNAMIC REJUVENATION** |  |
| 10. BOTULINUM TOXIN |  |
| A. ASSESSMENT | DR.JAISHREE SHARAD |
| B.RECONSTITUTION AND DILUTION- different toxin types | DR.ABHSHEK DE  |
| C.. FOREHEAD LINES | DR.MUKTA SACHDEV  |
| D. CROWS FEET | DR.RASIYA DIXIT  |
| E. GLABELLA | DR SHEHNAZ ARSIWALA  |
| F.TIPS AND TRICKS FOR UPPER FACE | DR SANDEEP ARORA  |
| G.BOTULINUM TOXINFOR MID AND LOWER FACE | DR.RAJAT KANDHARI  |
| H. NECK AND NEFERTITI LIFT | DR.ABHAY TALATHI |
| I. MESOBOTOX | DR.SACHIN DHAWAN  |
| **SECTION4: VOLUMETRIC REJUVENATION** |  |
| 11. FILLERS |  |
| A. FACIAL ASSESSMENT FOR FILLERS | DR.BINDU STHALEKAR  |
| B. UPPER FACE | DR.RICKSON PERIERA  |
| C. MIDFACE | DR SHEHNAZ Arsiwala |
| D. LOWER FACE AND NECK | DR.KM KAPOOR |
| E. PERIORBITAL | DR.MALVIKA KOHLI  |
|  |  |
| F. LIPS | DR RASHMI SHETTY  |
| G. NOSE |  DR. GULHIMA ARORA |
| H. HAND REJUVENATION | DR.MAYA VEDAMURTHY |
| **SECTION 5: SUSPENSION TECHNIQUES** |  |
| 12. THREAD LIFTS |  |
| A. ASSEMENT, TYPES AND TECHNIQUES | DR.GULHIMA ARORA  |
|  |  |
| **SECTION 6 : SKIN TIGHTENING AND LIFTING AND COUNTORING BY DEVICES** |  |
| 13.LASER REJUVENATION | DR.RAHUL PILLAI  |
| 14. PLATELET RICH PLASMA REJUVENATION | DR.NAGENDRA SINGH BENIWAL |
| 15. AUTOLOGOUS MICROGRAFT SUSPENSION FOR REJUVENATION, SKIN AND HAIR | DR SWAPNIL  |
| 16. ENERGY BASED DEVICES |  |
| A. ASSESSMENT | DR.DAVID PUDUKUDAN |
| B.TECHNIQUE | DR ANUJ PAL |
| 17. LIPOLYSIS AND CELLULITE | DR.SELVAM  |
|  |  |
| **SECTION 7** |  |
| **HAIR AESTHETICS** | **DR.RASHMI MODAK**  |
| **COSMETIC HAIR ENHANCEMENT**  |  |
| **COSMETICS FOR HAIR** | **DR.ANKUR TALWAR**  |
| **SECTION 8: MISCELLANEOUS** |  |
| 19. AESTHETIC PEARLS FOR SKIN OF COLOR | DR MUKTA SACHDEV  |
| 20. EMERGING AESTHETIC TRENDS | DR.DIVYA GUPTA  |
| 21. NEW COSMECEUTICALS | DR.KRINA PATEL  |
| 22. EVIDENCE BASED AESTHETIC PRACTICE | DR.YOGESH MARFATIA  |
| 23 effective patient communication and education for aesthetic procedures | DR.SANJEEV GUPTA  |
| 24. consent forms | SIGLA forms IADVL Academy team SIGLA  |